

*Advent is God waiting for us to empty ourselves of all that hinders God's dwelling in us. God needs a place to call home in the world. God needs a heart open to love without demands or expectations....this then is the fullness of time when the Son of God is begotten in us.*

*- Ilija Delio, OSF*

# HEARTS OPEN TO LOVE

## **Six-Day Silent Retreat for Advent**

30th Nov – 6th Dec 2019

Mercy Place, 371 Simpson Rd, Bardon, Brisbane

Leaning into silence, we will open ourselves to contemplation and to our deepest longing to become so one with our indwelling God that we say: "It is no longer I who live, but Christ who lives in me." (Gal. 2:20) In the beautiful setting of Mercy Place, drawing on the rich wisdom of mystics and poets, we will cultivate rhythms of slow attentiveness, preparing the womb of our hearts to receive the One child. The retreat will be directed and will offer morning and evening contemplative communal prayer, Eucharist and opportunity for spiritual direction for all drawn to it. Bring your own expressive art materials.....Bible, crayons, paints, camera, etc

**Guided and Directed by Catherine Hefferan rsm and Robyn Fitzgerald**

### **LIVE-IN RETREAT**

Arrival: Saturday 30th Nov, 4pm.

Retreat ends: Friday 6th Dec 2pm.

Cost: \$120/day, includes accommodation, self serve breakfast, lunch and dinner (main course only), spiritual companionship, daily retreat content. If you wish to supplement these meals provided, please arrange to self-cater.

N.B. Bedrooms (no ensuite) with access to shared facilities/bathrooms that are safe and user-friendly with disability access if required.

### **LIVE-OUT RETREAT**

Arrival: Sunday 1st Dec, 9am

Retreat ends: Friday 6th Dec, 2pm.

Cost: \$60/day, includes lunch, spiritual companionship and daily retreat content. If you wish to supplement this lunch, please arrange to self-cater.

*Because you have little faith, I say to you: if only you had faith the size of a mustard seed, you could tell that mountain to move from here to there, and the mountain would obey. Nothing would be impossible to you." Matt. 17:20.*

*During this retreat you are invited to pray for the grace to fast a little.*

For more information please contact Catherine Hefferan: [chefferan@bigpond.com](mailto:chefferan@bigpond.com) or

Robyn Fitzgerald: [robfitz65@gmail.com](mailto:robfitz65@gmail.com)

We encourage registrations by 13 May 2019 at: <https://www.trybooking.com/BAMUQ>

*Image: Jan Richardson, In Every Chamber of the Heart*