

Contemplatio

God so loved the world (John 3:16)



- * Last week, we sensitized to the flow of the Holy Spirit, knitting, oneing, infusing us in Spirit presence. Ruah became ever present amongst us as we entered into the ground of silence and the luminosity of silence enflaming.
- * Today, in this sacred moment, (on the eve of the feast of the Trinity), we again become present to the desire of the Holy Spirit drawing us into the flow of Trinitarian loving, into the desire of the Trinity, so lovingly, so creatively, pouring into our world.
- * Quietly, we attend to our body, to our sacred sensuality and settle our discursive mind into our heart, yielding, following the stirrings of love. We become aware of the gentle rhythm of our breath, breathing in and breathing out. We tenderly observe the flowing in and flowing out, until our breath comes to settle into a heart-soul-spirit-breath. We feel the lightness of this heart-soul-spirit breath within, the stirrings, the touch, the subtlety. In this heart-soul-spirit memory, we sense the intimacy of the Spirit, knitting us into the flowing love of Love's Trinity. Here we are naturally in rhythm with the Spirit breathing in and through us, in Love's Trinity.
- * We feel ourselves drawn more deeply into the shining, tranquil depths of Love in the ever flowing infilling of Love unmade, made and given. We feel ourselves drawn into the deep, safe, kind, refuge of Trinitarian loving. Sheer silence infuses, as we sense Love silently speaking the Wisdom/Word into creation, ceaselessly flowing, pouring the Spirit into our hearts.
- * One with the Spirit pervading all things, we are immersed into the compassion of the Trinity and hold all creation in this ever-flowing compassion: all suffering, our collective shadow, psychic disturbances and violence. We infuse peace, calm, wellbeing.
- * Gradually, the enfolding, encircling, encompassing, enclosing of Love's Trinity within and around us expands. We surrender even more, melting, dissolving into the primal flow of the love of each person of the Trinity, giving self to the other fully, completely. We are enclosed in the Trinity as the Trinity is enclosed in us.
- * Stillness infuses a deeper serenity as we return to the ground of our origins in Love's Trinity. We reclaim our oneness as a communion of hearts grounded in the Source of all Love, as Christic lovers, filled with Spirit, transcendent and sensual, one in Love, in the flow of Love's Trinity.